



Coalition for Healthy Communities

"A Community Without Barriers"

23rd ANNUAL COALITION FORE R YOUTH GOLF OUTING

FRIDAY, AUGUST 13, 2021

Shepherd's Crook Golf Course

The Coalition for Healthy Communities invites you to support our 23rd Annual Coalition (*used to be Caddie Classic*) Fore R Youth Golf Outing. Golfers from our tri-communities of Zion, Winthrop Harbor and Beach Park will participate in this truly unique event, which will show case at each golf hole some of our LOCAL YOUTH and their work in our community. The interaction at each hole will be fun and informational. This will be a truly special day with opportunities to get to know the students in an interactive way. This event provides funding for the Coalition's many health, wellness and social issue programs across the Zion-Benton community. Some of our programs are noted below:

The Community Wellness Task Force was established to encourage healthy lifestyles by our community members in Zion, Winthrop Harbor, and Beach Park. The objectives of this task force support:

- Raising awareness of wellness issues related to nutrition, exercise, social habits, and general health.
- Provide insights and activities that allow individual community members to learn about, reflect on, and commit to healthier habits as the first step toward a longer, healthier life. The ever popular Community of Character Walk on September 9, 2021 is another project to support the community of character initiative.

The Literacy Task Force seeks to promote literacy within our community—to create a community of readers—and increase community awareness of existing literacy resources. See the zbchc.com website for a map of 15 little free libraries this task force has brought to the tri-community with the help of the Meemic Foundation. Check out the story walk in Shiloh Park near the playground.

The Substance Abuse Prevention Task Force is our eldest work group which has been the catalyst for several self-sustaining substance abuse prevention programs. The primary goal of this task force is to expand new initiatives in order to reduce substance abuse in the Zion-Benton community. Programs include Healthy Youth, Zion Central Middle School Communication Campaign, Prescription Drug Take Back, Social Norms Campaign, Teen Court and Underage Drinking Prevention.

The Coalition for Healthy Communities believes there is untapped leadership potential in the Zion-Benton area. The Zion-Benton Leadership Academy identifies, assists and empowers individuals to become active and inspiring contributors in our community. The Coalition envisions community leadership reflecting the diversity of our community and that a culture change will result in leadership development, life-long learning and giving back in the Zion-Benton community.

Your support of the Fore R Youth Outing helps ensure that the Coalition can continue these initiatives. Whether you join us for golf at the event or donate in some other way, your support is very much appreciated. See Registration form enclosed for further donor opportunities.

Thank you for your support.

Marilyn Krieger
Fore R Youth Chairperson

Richard Frierson, *President*
Coalition for Healthy Communities

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